



COME + PLAY
2 HOUR SESSIONS
\$30

3 HOUR SESSIONS
\$55
6 HOUR SESSIONS
\$95

SCHOOL HOLIDAY PROGRAM

6TH - 25TH JANUARY, 2026

COME + PLAY SESSIONS

Our Come + Play sessions are a child-led free play session in the gymnasium with full access to all equipment including the Trampoline, Balance Beams, Bars, Rings and Floor. All sessions will be under full supervision by our qualified gymnastics coaches.

AGES 1-4 YEARS

Tuesday 6th January
9.30am-11.30am

Thursday 8th January
9.30am-11.30am

Saturday 10th January
9.30am-11.30am

AGES 5-12 YEARS

Tuesday 6th January
12.00pm-2.00pm

Thursday 8th January
12.00pm-2.00pm

Saturday 10th January
12.00pm-2.00pm

NINJA DAY AGES 5+

A session filled with learning some super cool Ninja and Parkour skills, Obstacle Courses, Time Trials and Skill-Based Challenges in a fun, action packed environment. All activities will utilise traditional gymnastics equipment.

HALF DAY

Wednesday 7th January
9.00am-12.00pm or 12.00pm-3.00pm

Monday 12th January
12.30pm-3.30pm

Friday 16th January
12.30pm-3.30pm

Thursday 22nd January
12.30pm-3.30pm

FULL DAY

Wednesday 7th January
9.00am-3.00pm

HOLIDAY FUN AGES 5+

A session filled with gymnastics themed games + activities utilising traditional gymnastics equipment including Trampoline, Balance Beams, Bars, Rings, Vault & Floor. The program also incorporates some small gymnastics skill-based circuits suitable to Beginner gymnasts.

HALF DAY

Friday 9th January
9.00am-12.00pm
or
12.00pm-3.00pm

Wednesday 14th January
12.30pm-3.30pm

Tuesday 20th January
12.30pm-3.30pm

FULL DAY

Friday 9th January
9.00am-3.00pm

**BK's Gymnastics
Caroline Springs**

MEMBERS & NON-MEMBERS WELCOME

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